



Lidia Bueno, Ph. D., LMFT, ECMHS

Licensed Marriage and Family Therapist MFC 50042

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Summary

Over 15 years' experience in various mental health positions. Experience includes Program Management, Clinical Supervision, Assessment, and Therapy. Special depth in:

- Child-Parent Psychotherapy
- Reflective Supervision
- Infant Mental Health
- Treatment Planning
- Family Counseling
- Trauma Training

Professional Experience

10/20- Present

Santa Clara Unified School District

Santa Clara, Ca

Wellness Coordinator II

As a wellness coordinator, I assist the schools assigned by helping to provide various resources, triage referrals, provide support to the staff, families, and students. To provide presentations to parents, students, grief support as needed, and link families to necessary resources. To provide clinical supervision to associates, maintain detailed records, attend meetings, and support in any other areas the schools may be in support of.

06/14- 02/23

Parent Solutions

San Jose, Ca

Marriage and Family Therapist

Provide therapy and counseling for adults, families, and children to address mental health concerns utilizing eclectic theoretical orientations to provide therapy, appropriately document notes, and develop treatment plans. Provide courses on Parenting Without Violence and Co-Parenting workshops.

08/18 – 10/2020

County of Santa Clara Behavioral Health Department

San Jose, Ca

Health Care Program Manager II

Manage one or more assigned health care program activities including planning, coordinating, prioritizing, monitoring and participating in the agency-wide program meetings regarding program activities. Oversee and participate in the development, implementation and maintenance of the program goals, objectives, policies and procedures to ensure program goals are achieved. Plan, coordinate, and review the work plan for services and responsibilities which may include program design, contract development and monitoring. Coordinate the selection and training of personnel; assume responsibility for motivating and evaluating assigned personnel; provide necessary training; initiate discipline procedures as is appropriate; recruit, hire; assign work to staff and personnel; monitor work activities to ensure safe work practices, work quality and accuracy; and ensure compliance to applicable rules, policies and procedures.

06/15- 08/18

County of Santa Clara- KidScope

San Jose, Ca

Health Care Program Manager I

Manage one or more assigned health care program activities including planning, coordinating, prioritizing, monitoring and participating in the agency-wide program meetings regarding program activities. Oversee and participate in the development, implementation and maintenance of the program goals, objectives, policies and procedures to ensure program goals are achieved. Plan, coordinate, and review the work plan for services and responsibilities which may include program design, contract development and monitoring. Coordinate the selection and training of personnel; assume responsibility for motivating and evaluating assigned personnel; provide necessary training; initiate discipline procedures as is appropriate; recruit, hire; assign work to staff and personnel; monitor work activities to ensure safe work practices, work quality and accuracy; and ensure compliance to applicable rules, policies and procedures.

04/14- 06/15

County of Santa Clara- KidScope

San Jose, Ca

Marriage and Family Therapist II

Provide mental health services to clients on an ongoing basis using eclectic theoretical techniques and interventions. Abide by legal and ethical BBS regulations. Maintain a client caseload and provide the following: assessments, Treatment plans, Narratives, Case management, etc. Abide by Medi-Cal guidelines for documentation. Utilize other Evidenced-Based Practice tools such as the Child and Adolescent Needs and Strengths Comprehensive Multisystem Assessment for both and Early Childhood and Ages 5+ (CANS); and Keys to Interactive Parenting Scale (KIPS). Work collaboratively on a Multi-Disciplinary team to provide the best care possible for clients.

Professional Training

- *March 2021 – Trauma Informed Systems 101 Level 1 Trainer Certification*
- *February 2021- Infant-Family and Early Childhood Mental Health Specialist and Reflective Practice Facilitator II Endorsement.*
- *December 2018 – Endorsed in California as Infant Family and Early Childhood Mental Health Specialist.*
- *April 2018 - Successfully completed 15-month requirements of the Infant-Parent Mental Health Fellowship.*
- *February 2018 - Received Certificate of fulfillment for the Implementation Level Course in Child-Parent Psychotherapy from the UCSF Child Trauma Research Program.*
- *March 2017 - Newborn Behavioral Observation Certified*
- *March 2017 - Diagnostics Frameworks for Children Birth-Five: Overview of DC: 0-5 Workshop completed*
- *February 2017 - NCAST Feeding Scale Certified*
- *November 2016 - Level One Introductory Theraplay and Marschak Interaction Method Training*
- *October 2016 - Certificate in completion of the Clinical Supervision Training Program*
- *May 2016 - Transformation Care Planning Trainer certified.*
- *December 2015 - Certificate of Graduation from Santa Clara County Infant-Family Early Childhood Mental Health Training Academy.*
- *May 2015 - Accredited Provider for Level 5 Family Transitions Triple P*
- *June 2014 - Brazelton Touchpoints Approach: Individual Level Training and Reflective Practice Completed*

Presenter/Speaker at:

[Infant Development Association IDA:](#) Northern California Regional Conference September 7, 2018 on the Topic of *Immigration and Intergenerational Trauma*.

[Zero to Three Annual Conference](#) Denver, CO October 5, 2018 on the Topic of *Immigration and Intergenerational Trauma*.

[County of Santa Clara](#) San Jose, Ca June 2019, November 2019 on the Topic of *Immigration and Intergenerational Trauma; Trauma and Vicarious Trauma*.

[Various Locations: Mtn. View High School, and for the Watsonville Police Department](#) 2019 on the Topics of *Immigration and Intergenerational Trauma*.

Education

Fielding Graduate University

Doctor of Philosophy in Infant Early Childhood Development with an emphasis in Mental Health & Developmental Disorders

Santa Barbara, Ca

Jan 2019 to December 2022

Fielding Graduate University

Master of Arts in Infant and Early Childhood Development with an emphasis in Mental Health & Developmental Disorders

Santa Barbara, Ca

Jan 2019 to Aug 2020

UC Davis Extension

Napa Infant Parent Mental Health Fellowship

Napa, Ca

Jan 2017 to April 2018

John F. Kennedy University

Masters of Arts in Counseling Psychology

Campbell, Ca

2004 to 2007

San Jose State University

Bachelors of Arts in Psychology

Minor in Administration of Justice

San Jose, Ca

2001 to 2003